

Chocolate Chip Cookie Dough Fat Bombs

☐ These are so amazingly yummy! Especially with my freshly roasted almond butter! (See link to recipe below)

Ingredients:

8 oz cream cheese softened

1 stick (1/2 cup) salted butter softened

1/2 cup almond butter (no additives) [Here's my recipe to make your own!](#)

1/4 to 1/3 cup [swerve confectioners sweetener](#) (erythritol) (I like 1/4 cup)

1 tsp vanilla extract

4 oz [Lilly's baking chips](#) (stevia sweetened chocolate chips)



Directions:

Cream everything together in a mixer and then spray a cookie scoop (or ice cream scoop if you want them bigger) with coconut oil cooking spray. Scoop onto a [silicone mat](#) or

parchment paper on a baking tray, then freeze for 30 minutes.
Store in the refrigerator.

My favorite storage containers for all my creations are these:

[Glass Snapware](#)